



BATTERER INTERVENTION IS MORE THAN ANGER MANAGEMENT

Intimate Partner Abuse Education Programs or Batterer Intervention Programs address anger, but their primary focus is on helping people build skills for making non-violent choices. These programs also provide contact with partners, assess substance abuse and mental health status, and make referrals.

Question	Anger Management	Certified BI Program
Are programs state certified?	No.	Yes, in the 45 states that have certification standards.
Who is served by the programs?	Perpetrators of stranger or non-intimate violence.	Specifically designed to work with domestic violence offenders.
How long are programs?	Usually 8-12 sessions, with an average program lasting 10 sessions.	Varies from state to state but the range is 16-52 sessions, and the average is 26. Oklahoma requirements are 52 weeks.
Do programs contact victims?	No.	Yes. If the victim chooses, the program will remain in regular contact with her and provide her with referrals, safety planning, and information protect her children.
Are programs monitored by a state agency?	No.	Yes.
Are programs linked with a domestic violence agency?	No.	Yes. Each program must have a letter of agreement and formal linkage with a battered women's agency.
Do programs assess batterers for lethality?	No.	Yes. Certified BIPs at the very least ask questions that reveal how potentially lethal a batterer may be.
What is the emphasis of the intervention?	Violence is seen as a momentary outburst of anger. So perpetrators are taught to use techniques like 'time outs'.	Physical violence is seen as one of many forms of abusive behaviors chosen by batterers to control their intimate partners. BIPs hold batterers accountable for the violent and abusive choices they make.
Are group facilitators trained about domestic violence?	Subject to agency discretion.	Yes. The amount of training varies from state to state. Oklahoma requires a degree plus additional program related training.
How would I address grievances with this type of program?	Talk to the director of the program.	<ol style="list-style-type: none"> 1. Talk to the director of the program. 2. Talk to the state monitoring agency.



